# 4 Wellboost





Wellboost™ nutritionally complete dietary supplements are specifically formulated with vitamins, minerals, and probiotics for immune and health support.

Wellboost<sup>™</sup>
ABN: 61 614 143 654
1 Dixon St YATALA QLD 4207
Ph: +61 7 3806 2888

info@wellboost.com.au | wellboost.com.au



# Wellboost™ Care Plus - Vanilla

**Dietary Supplement** 

Nutrition Information						
Servings Per Package: 14 Serving Size: 60g	Units	Average Quantity Per Serving + 200ml Water	% Daily Intake* Per Serving + 200ml Water	Average Quantity Per 100g	Average Quantity Per 100ml (Made Up With Water)	
Energy	kj	978	11%	1630	408	
	kcal	234	11%	390	98	
Protein	g	14.0	28%	23.3	5.8	
Fat, Total	g	2.8	4%	4.7	1.2	
- Saturated	g	2.0	8%	3.4	0.9	
Carbohydrate	g	38	12%	63.5	16	
- Sugars	g	27	30%	44.3	11	
Sodium	mg	157	7%	261	65	
Vitamin A	μg	193	26% RDI^	322	81	
Thiamin	mg	0.54	49% RDI^	0.9	0.2	
Riboflavin	mg	0.85	50% RDI^	1.4	0.4	
Niacin	mg	4.9	49% RDI^	8.2	2.1	
Folate	μg	100	50% RDI^	167	42	
Vitamin B6	mg	0.8	49% RDI^	1.3	0.3	
Vitamin B12	μg	1.0	50% RDI^	1.7	0.4	
Biotin	μg	5.0	17% ESADDI^^	8.3	2.1	
Pantothenic Acid	mg	0.8	16% ESADDI^^	1.3	0.3	
Vitamin C	mg	19	48% RDI^	32.1	8.0	
Vitamin D	μg	3.6	36% RDI^	6.0	1.5	
Vitamin E	mg	4.9	49% RDI^	8.1	2.0	
Vitamin K	μg	27	34% ESADDI^^	45	11	
Calcium	mg	400	50% RDI^	667	167	
Chromium	μg	27	14% ESADDI^^	45	11	
Copper	mg	0.4	12% ESADDI^^	0.6	0.2	
Iodine	μg	71	47% RDI^	118	30	
Iron	mg	3.6	30% RDI^	6.0	1.5	
Magnesium	mg	91	28% RDI^	151	38	
Manganese	mg	0.7	13% ESADDI^^	1.1	0.3	
Molybdenum	μg	34	13% ESADDI^^	56	14	
Phosphorus	mg	365	36% RDI^	608	152	
Selenium	μg	9.0	13% RDI^	15	3.8	
Zinc	mg	3.4	29% RDI^	5.7	1.4	
Potassium	mg	587		978	245	
Chloride	mg	345		575	144	
Gluten	mg/kg		Nil Dete			

\* Percentage daily intakes are based on an average adult diet of 8700kJ. Daily requirments may be higher or lower depending upon the individuals energy needs. A RDI: Recommended Dietary Intake. AAESADDI: Estimated Safe and Adequate Daily Dietary Intake. LactoSpore® is a trademark of Sabinsa.

- Contains Probiotics (LactoSpore® Bacillus Coagulans at 1 Billion per 60g serve)
- Contains 25 Vitamins and Minerals



#### **Packaging**

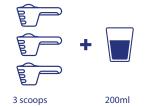
Standard: 840g resealable composite canister with a tamper evident membrane (14 serves @ 60g).

Also available in a 1kg to 5kg pillow pack foil.





### **Mixing Instructions**



Add 3 scoops (enclosed in pack) of 20g each to 200ml of water of low fat milk. Can also be added to food in the same ratio.

### **INGREDIENTS**

Milk Solids, Maltodextrin, Sugar, Minerals (Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Cupric Sulphate, Chromium Chloride, Manganese Sulphate, Sodium Molybdate, Sodium Selenite), Probiotic Culture (Bacillus Coagulans), Vitamins (L-Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Vitamin A Acetate, Cholecalciferol, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Phytonadione, Folic Acid)), Natural Flavour, Emulsifier (322 Soy). Contains Milk and Soy.

IMPORTANT
Wellboost™ Care Plus is a formulated meal replacement and should not be used as a total diet replacement. Wellboost™ Care Plus can assist in boosting levels of nutrition when diet alone may not be adequate. Recommended consumption of Wellboost™ Care Plus is 2 serves per day. If you are currently undergoing any sort of medical treatment or have a medical issue, then you should only have Wellboost™ after consulting your doctor or a medical professional.



# Wellboost™ Care Plus - Chocolate

Nutrition Information							
Servings Per Package: 14 Serving Size: 60g	Units	Average Quantity Per Serving + 200ml Water	% Daily Intake* Per Serving + 200ml Water	Average Quantity Per 100g	Average Quantity Per 100ml (Made Up With Water)		
Energy	kJ	966	11%	1610	403		
	kcal	230	11%	384	96		
Protein	g	14.8	30%	24.7	6.2		
Fat, Total	g	3.2	5%	5.3	1.3		
- Saturated	g	2.2	9%	3.7	0.9		
Carbohydrate	g	35	11%	58.3	15.0		
- Sugars	g	26	29%	44	11		
Sodium	mg	157	7%	262	66		
Vitamin A	μg	193	26% RDI^	322	81		
Thiamin	mg	0.54	49% RDI^	0.9	0.2		
Riboflavin	mg	0.85	50% RDI^	1.4	0.4		
Niacin	mg	5.0	50% RDI^	8.3	2.1		
Folate	μg	100	50% RDI^	167	42		
Vitamin B6	mg	0.8	49% RDI^	1.3	0.3		
Vitamin B12	μg	1.0	50% RDI^	1.7	0.4		
Biotin	μg	5.0	17% ESADDI^^	8.3	2.1		
Pantothenic Acid	mg	0.8	16% ESADDI^^	1.3	0.3		
Vitamin C	mg	19	48% RDI^	32.1	8.0		
Vitamin D	μg	3.6	36% RDI^	6.0	1.5		
Vitamin E	mg	5.0	50% RDI^	8.3	2.1		
Vitamin K	μg	27	34% ESADDI^^	45	11		
Calcium	mg	400	50% RDI^	667	167		
Chromium	μg	27	14% ESADDI^^	45	11		
Copper	mg	0.5	16% ESADDI^^	0.8	0.2		
Iodine	μg	71	47% RDI^	118	30		
Iron	mg	4.8	40% RDI^	8.0	2.0		
Magnesium	mg	112	35% RDI^	186	47		
Manganese	mg	0.7	13% ESADDI^^	1.1	0.3		
Molybdenum	μg	34	13% ESADDI^^	56	14		
Phosphorus	mg	393	39% RDI^	655	164		
Selenium	μg	9.0	13% RDI^	15	3.8		
Zinc	mg	3.7	31% RDI^	6.2	1.6		
Potassium	mg	756		1260	315		
Chloride	mg	345		575	144		
Gluten	mg/kg		Nil Dete				
Giutell	6/15	Nii Detected					

\* Percentage daily intakes are based on an average adult diet of 8700kJ. Daily requirments may be higher or lower depending upon the individuals energy needs. A RDI: Recommended Dietary Intake. AAESADDI: Estimated Safe and Adequate Daily Dietary Intake. LactoSpore® is a trademark of Sabinsa.

- Contains Probiotics (LactoSpore® Bacillus Coagulans at 1 Billion per 60g serve)
- · Contains 25 Vitamins and Minerals



#### **Packaging**

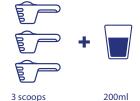
Standard: 840g resealable composite canister with a tamper evident membrane (14 serves @ 60g).

Also available in a 1kg to 5kg pillow pack foil.





#### **Mixing Instructions**



Add 3 scoops (enclosed in pack) of 20g each to 200ml of water of low fat milk. Can also be added to food in the same

#### INGREDIENTS

Milk Solids, Maltodextrin, Cocoa (6%), Sugar, Minerals (Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Cupric Sulphate, Chromium Chloride, Manganese Sulphate, Sodium Molybdate, Sodium Selenite), Probiotic Culture (Bacillus Coagulans), Vitamins (L-Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Vitamin A Acetate, Cholecalciferol, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Phytonadione, Folic Acid)), Natural Flavour, Emulsifier (322 Soy). Contains Milk and Soy.



(Immuno Plus)

Immunity Boosting Dietary Supplement

## Wellboost™ Immuno Plus - Vanilla

Nutrition Information						
Servings Per Package: 8 Serving Size: 60g	Units	Average Quantity Per Serving + 200ml Water	% Daily Intake* Per Serving + 200ml Water	Average Quantity Per 100g	Average Quantity Per 100ml (Made Up With Water)	
Energy	kJ	960	11%	1600	400	
	kcal	229	11%	382	96	
Protein	g	14.2	28%	23.6	5.9	
Fat, Total	g	2.8	4%	4.7	1.2	
- Saturated	g	1.98	8%	3.3	8.0	
Carbohydrate	g	36	12%	59.6	15	
- Sugars	g	27	30%	44.3	11	
Dietary Fibre	g	2.3	8%	3.8	0.95	
Sodium	mg	158	7%	263	66	
Vitamin A	μg	193	26% RDI^	322	81	
Thiamin	mg	0.54	49% RDI^	0.9	0.2	
Riboflavin	mg	0.85	50% RDI^	1.4	0.4	
Niacin	mg	4.9	49% RDI^	8.2	2.1	
Folate	μg	100	50% RDI^	167	42	
Vitamin B6	mg	0.8	49% RDI^	1.3	0.3	
Vitamin B12	μg	1.0	50% RDI^	1.7	0.4	
Biotin	μg	5.0	17% ESADDI^^	8.3	2.1	
Pantothenic Acid	mg	0.8	16% ESADDI^^	1.3	0.3	
Vitamin C	mg	19	48% RDI^	32.1	8	
Vitamin D	μg	3.6	36% RDI^	6	1.5	
Vitamin E	mg	4.9	49% RDI^	8.1	2.0	
Vitamin K	μg	27	34% ESADDI^^	45	11	
Calcium	mg	400	50% RDI^	667	167	
Chromium	μg	27	14% ESADDI^^	45	11	
Copper	mg	0.4	12% ESADDI^^	0.6	0.2	
Iodine	μg	71	47% RDI^	118	30	
Iron	mg	3.6	30% RDI^	6	1.5	
Magnesium	mg	91	28% RDI^	151	38	
Manganese	mg	0.7	13% ESADDI^^	1.1	0.3	
Molybdenum	μg	34	13% ESADDI^^	56	14	
Phosphorus	mg	365	36% RDI^	608	152	
Selenium	μg	9.0	13% RDI^	15	3.8	
Zinc	mg	3.4	29% RDI^	5.7	1.4	
Potassium	mg	587		978	245	
Chloride	mg	345		575	144	
Gluten	mg/kg					

\* Percentage daily intakes are based on an average adult diet of 8700kJ. Daily requirments may be higher or lower depending upon the individuals energy needs. ^ RDI: Recommended Dietary Intake. ^^ESADDI: Estimated Safe and Adequate Daily Dietary Intake.

LactoSpore® is a trademark of Sabinsa

- Contains Lactoferrin (100mg per 60g serve)
- Contains Prebiotic Fibre (2.28g per 60g serve from Inulin soluble)
- Contains Probiotics (LactoSpore® Bacillus Coagulans at 1 Billion per 60g serve)
- · Contains 25 Vitamins and Minerals



#### Packaging

Standard: 480g resealable composite canister with a tamper evident membrane (8 serves @ 60g). Also available in a 1kg to 5kg pillow pack foil.





## **Mixing Instructions**



Add 3 scoops (enclosed in pack) of 20g each to 200ml of water of low fat milk. Can also be added to food in the same ratio.

#### **INGREDIENTS**

Milk Solids, Maltodextrin, Sugar, Prebiotic Dietary Fibre (Inulin), Minerals (Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Cupric Sulphate, Chromium Chloride, Manganese Sulphate, Sodium Molybdate, Sodium Selenite), Probiotic Culture (*Bacillus Coagulans*), Vitamins (L-Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Vitamin A Acetate, Cholecalciferol, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Phytonadione, Folic Acid), Natural Flavour, Lactoferrin, Emulsifier (322 Soy). Contains Milk and Soy.

#### IMPORTANT

IMPORIANI
Wellboost™ Care Plus is a formulated meal replacement and should not be used as a total diet replacement. Wellboost™ Care Plus can assist in boosting levels of nutrition when diet alone may not be adequate. Recommended consumption of Wellboost™ Care Plus is 2 serves per day. If you are currently undergoing any sort of medical treatment or have a medical issue, then you should only have Wellboost™ after consulting your doctor or a medical professional.



**Immuno Plus** 

**Immunity Boosting Dietary Supplement** 

# Wellboost™ Immuno Plus - Chocolate

Servings Per Package: 8 Serving Size: 60g	Units	Average Quantity Per Serving + 200ml Water	% Daily Intake* Per Serving + 200ml Water	Average Quantity Per 100g	Average Quantity Per 100ml (Made Up With Water
Energy	kJ	948	11%	1580	395
z.i.c.gy	kcal	226	11%	377	94
Protein	g	15.0	30%	25	6.3
Fat, Total	g	3.2	5%	5.3	1.3
- Saturated	g	2.22	9%	3.7	0.9
Carbohydrate	g	33	11%	54.4	14
- Sugars	g	26	29%	44	11
Dietary Fibre	g	3.4	11%	5.7	1.43
Sodium	mg	158	7%	264	66
Vitamin A	μg	193	26% RDI^	322	81
Thiamin	mg	0.54	49% RDI^	0.9	0.2
Riboflavin	mg	0.85	50% RDI^	1	0.4
Niacin	mg	5.0	50% RDI^	8.3	2.1
Folate	μg	100	50% RDI^	167	42
Vitamin B6	mg	0.8	49% RDI^	1.3	0.3
Vitamin B12	μg	1.0	50% RDI^	2	0.4
Biotin	μg	5.0	17% ESADDI^^	8.3	2.1
Pantothenic Acid	mg	0.8	16% ESADDI^^	1.3	0.3
Vitamin C	mg	19	48% RDI^	32.1	8
Vitamin D	μg	3.6	36% RDI^	6	1.5
Vitamin E	mg	5.0	50% RDI^	8.3	2.1
Vitamin K	μg	27	34% ESADDI^^	45	11
Calcium	mg	400	50% RDI^	667	167
Chromium	μg	27	14% ESADDI^^	45	11
Copper	mg	0.5	16% ESADDI^^	0.8	0.2
lodine	μg	71	47% RDI^	118	30
Iron	mg	4.8	40% RDI^	8.0	2.0
Magnesium	mg	112	35% RDI^	186	47
Manganese	mg	0.7	13% ESADDI^^	1.1	0.3
Molybdenum	μg	34	13% ESADDI^^	56	14
Phosphorus	mg	393	39% RDI^	655	164
Selenium		9.0	13% RDI^	15	3.8
Zinc	μg	3.7	31% RDI^	6.2	1.6
Ziric Potassium	mg	756	3170 KDI**	1260	315
	mg				
Chloride Gluten	mg mg/kg	345	Nil dete	575	144

<sup>\*</sup> Percentage daily intakes are based on an average adult diet of 8700kJ. Daily requirments may be higher or lower depending upon the individuals energy needs. ^ RDI: Recommended Dietary Intake. ^^ESADDI: Estimated Safe and Adequate Daily Dietary Intake.

LactoSpore® is a trademark of Sahinsa

- Contains Lactoferrin (100mg per 60g serve)
- Contains Prebiotic Fibre (2.28g per 60g serve from Inulin - soluble)
- Contains Probiotics (LactoSpore® Bacillus Coagulans at 1 Billion per 60g serve)
- · Contains 25 Vitamins and Minerals



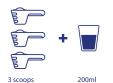
#### **Packaging**

Standard: 480g resealable composite canister with a tamper evident membrane (8 serves @ 60g). Also available in a 1kg to 5kg pillow pack foil.





#### **Mixing Instructions**



Add 3 scoops (enclosed in pack) of 20g each to 200ml of water of low fat milk . Can also be added to food in the same

#### INGREDIENTS

Milk Solids, Maltodextrin, Cocoa (6%), Sugar, Prebiotic Dietary Fibre (Inulin), Minerals (Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Cupric Sulphate, Chromium Chloride, Manganese Sulphate, Sodium Molybdate, Sodium Selenite), Probiotic Culture (Bacillus Coagulans), Vitamins (L-Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Vitamin A Acetate, Cholecalciferol, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Phytonadione, Folic Acid), Natural Flavour, Lactoferrin, Emulsifier (322 Soy). Contains Milk and Soy.

IMPORTANT
Wellboost™ Care Plus is a formulated meal replacement and should not be used as a total diet replacement. Wellboost™ Care Plus can assist in boosting levels of nutrition when diet alone may not be adequate. Recommended consumption of Wellboost™ Care Plus is 2 serves per day. If you are currently undergoing any sort of medical treatment or have a medical issue, then you should only have Wellboost™ after consulting your doctor or a medical professional.



## Wellboost™ Care Plus - Neutral

Nutrition Information						
Servings Per Package: 14 Serving Size: 60g	Units	Average Quantity Per Serving + 200ml Water	% Daily Intake* Per Serving + 200ml Water	Average Quantity Per 100g	Average Quantity Per 100ml (Made Up With Water)	
Energy	kJ	978	11%	1630	408	
	kcal	233	11%	389	97	
Protein	g	14.0	28%	23.4	5.9	
Fat, Total	g	2.9	4%	4.8	1.2	
- Saturated	g	2.1	8%	3.5	0.9	
Carbohydrate	g	38	12%	63.3	16	
- Sugars	g	23	26%	38.7	10	
Sodium	mg	155	7%	258	65	
Vitamin A	μg	193	26% RDI^	322	81	
Thiamin	mg	0.54	49% RDI^	0.9	0.2	
Riboflavin	mg	0.85	50% RDI^	1.0	0.4	
Niacin	mg	4.9	49% RDI^	8.2	2.1	
Folate	μg	100.0	50% RDI^	167	42	
Vitamin B6	mg	0.8	49% RDI^	1.3	0.3	
Vitamin B12	μg	1.0	50% RDI^	1.7	0.4	
Biotin	μg	5.0	17% ESADDI^^	8.3	2.1	
Pantothenic Acid	mg	0.8	16% ESADDI^^	1.3	0.3	
Vitamin C	mg	19	48% RDI^	32.1	8.0	
Vitamin D	μg	3.6	36% RDI^	6.0	1.5	
Vitamin E	mg	4.9	49% RDI^	8.1	2.0	
Vitamin K	μg	27	34% ESADDI^^	45	11.0	
Calcium	mg	400	50% RDI^	667	167	
Chromium	μg	27	14% ESADDI^^	45	11	
Copper	mg	0.4	12% ESADDI^^	0.6	0.2	
Iodine	μg	71	47% RDI^	118	30	
Iron	mg	3.6	30% RDI^	6.0	1.5	
Magnesium	mg	91	28% RDI^	151	38.0	
Manganese	mg	0.7	13% ESADDI^^	1.1	0.28	
Molybdenum	μg	34	13% ESADDI^^	56	14	
Phosphorus	mg	365	36% RDI^	608	152	
Selenium	μg	9.0	13% RDI^	15	3.8	
Zinc	mg	3.4	29% RDI^	5.7	1.4	
Potassium	mg	587		978	245	
Chloride	mg	345		575	144	
Gluten	mg/kg		Nil Dete	ected		

Percentage daily intakes are based on an average adult diet of 8700kJ. Daily requirments may be higher or lower depending upon the individuals energy needs. ^ RDI: Recommended Dietary Intake. ^ ESADDI: Estimated Safe and Adequate Daily Dietary Intake. LactoSpore® is a trademark of Sabinsa.

- Contains Probiotics (LactoSpore® Bacillus Coagulans at 1 Billion per 60g serve)
- · Contains 25 Vitamins and Minerals



#### **Packaging**

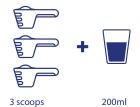
Standard: 840g resealable composite canister with a tamper evident membrane (14 serves @ 60g).

Also available in a 1kg to 5kg pillow pack foil.





#### **Mixing Instructions**



Add 3 scoops (enclosed in pack) of 20g each to 200ml of water of low fat milk. Can also be added to food in the same ratio.

## **INGREDIENTS**

Milk Solids, Maltodextrin, Sugar, Minerals (Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Cupric Sulphate, Chromium Chloride, Manganese Sulphate, Sodium Molybdate, Sodium Selenite), Probiotic Culture (Bacillus Coagulans), Vitamins (L-Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Vitamin A Acetate, Cholecalciferol, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Phytonadione, Folic Acid)), Natural Flavour, Emulsifier (322 Soy). Contains Milk and Soy.

IMPORTANT
Wellboost™ Care Plus is a formulated meal replacement and should not be used as a total diet replacement. Wellboost™ Care Plus can assist in boosting levels of nutrition when diet alone may not be adequate. Recommended consumption of Wellboost™ Care Plus is 2 serves per day. If you are currently undergoing any sort of medical treatment or have a medical issue, then you should only have Wellboost™ after consulting your doctor or a medical professional.